

A Syme of the Tymes

Volume 18 Issue 1

WINTER!

Syme
55+
CENTRE



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Above: facing Pritchard Ave.

Below: Board of Directors 2024-2025





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Syme55+ Centre Information

The Syme55+ Centre is a charitable, non-profit community based centre for adults 55 years of age and older and disabled adults, specializing in recreational activities, special interest clubs, daily lunches and community services. The facility is a City Community Centre and Syme55+ has a permit to use the building.

Annual fee: \$35 yearly, January-December
Operating Hours: Monday - Friday, 8:00am - 4:00pm
Saturday - 9:30am - 3:30pm

A monthly calendar and a quarterly newsletter are available at Reception or around the Centre. Various important notices are posted around the Centre and advertised on the electronic bulletin boards (TVs).

The Centre is governed by a volunteer Board of Directors and employs the Executive Director, the Program Manager. Other staff are from the City of Toronto.

Operating funds are from City and Provincial Grants plus revenue raised from fundraising, user fees, events and donations. Grants are 62% of our income, fundraising and donations are 22% of income and user fees are 16% of income.

An Annual General Meeting is held every April and members have voting privileges.



The Centre has anti-racism, anti-harassment and work place safety policies (on display in the GP Room). The City of Toronto Code of Conduct is posted on the doors. Members are bound by these policies.



The Centre reserves the right to accept or decline a member and to remove the privileges of any member judged to be incapable of meeting the requirements of participating in activities. The Centre will not tolerate abusive behaviour of a member to other participants, staff, or third parties, or behaviour which detracts from the enjoyment of the Centre by other members.

All Syme55+ Centre events/activities require physical independence and mobility. A member must be able to participate in events alone or with minimal assistance from a companion who is responsible for the member's welfare. Any physical or mental condition requiring special medical attention must be reported.



MYSYMECENTRE

Members sign into the Centre by using their membership tag at one of the two touch screen monitors - one by the office door and one by the kitchen.

This sign-in is used to take attendance at classes and clubs. Volunteers also enter their hours. The information gathered is for reporting to the City and Province for our funding grants.

If your tag is worn out just ask for a replacement in the office.

STAFF

Kelly Montgomerie
Executive
Director

Cleriese Lewis
Program
Manager



REGISTRATION FOR PROGRAMS

Next registration day is tentatively scheduled for **MARCH 7th**. All participants in classes, clubs and games must register using the registration form.

PROGRAM POLICIES

- ◆ Membership is required for all classes, clubs, drop in programs and activities
- ◆ We regret that we cannot compensate for missed classes
- ◆ Classes are subject to cancellation if class does not reach five (5) participants
- ◆ Class changes must be requested in the first two weeks of the session.
- ◆ Individuals can try up to 3 programs, one time each before registering. You cannot try a class that is at capacity.



Volunteers are the "key" to our success. The Centre has many committees that oversee and set policies for all of the Centre's services. The effort of the volunteers keeps the Centre providing our services at a reasonable cost to the members. Volunteers can select from a series of jobs and you can commit to as much time as you like. Volunteer for something you like doing or try something you have never done before. You will have fun!

Volunteers are always welcome on our committees: program, fundraising, travel and communication/marketing to name some.

PLEASE VOLUNTEER!
(sign up at Reception).

Volunteer Board of Directors 2025-2026

Executive

Geoffrey Taylor - President
John Reynolds - Vice President
Kim Lambert- Secretary
Ray Strong - Treasurer

Directors

Lynda Cummings
Badri Ghafari-Farmandi
Jim Lane
Rose Nardi
Gary Peltz
Marlene Peltz
Donna Tettmar (Past President)



NOTES FROM THE EDITOR'S DESK



I have a 'life alert' pendant which I wear inside my top as I don't want it swinging loosely from my neck. In October my exercise class began again. During the class Kelly came and said my brother had called and the life alert had sounded an alarm and an ambulance was on its way. Sure enough, two firemen arrived. They had to see/speak to me to ensure I was fine (my sister was a little jealous that I had firemen visit me). I still am unsure how it happened but at some point, I must have held something pressed to my chest which set off the alarm which I never heard. While it is reassuring to know the thing works and identifies my location, I shall take it off when I am in exercise classes-and all my classmates will remind me.

The downstairs cat whom I call 'Sweetie Pie' is getting older and as such likes to be warm. When not sleeping in front of the vent I have found her under the covers of my bed. I don't know what will happen when the visiting cat arrives as that is where she stays. I know they will work it out but I am concerned.

Some friends and I went to Port Hope to see a play. We ate in a small coffee shop that had wonderful, unique gifts for sale. In an overflowing paper shopping bag was a variety of boxed cookies. I was so excited I bought it as a gift for myself, When I got home, I opened up the gift. The first box I took out was popcorn, the second was shortbread cookies - butter free! The third contained cookies with berries and they were hard. While I am discouraged there are still about 9 packages to go so, live in hope. I am sure I will be pleased eventually.

We also went to Orillia to watch the Gordon Lightfoot Band perform. It is his original band with a new singer, who was very good. When we arrived in Orillia, we went to Mariposa Market for coffee and a snack. The donuts were so huge and yummy we didn't really need to go out for dinner. It is a wonderful bakery/country store. The band was staying at the same hotel we were Orillia, were relaxing in the lounge when the band returned for the night. We had a great time with them.

Donna Tettmar

WHAT WORD
BECOMES SHORTER
WHEN YOU ADD TWO
LETTERS TO IT?

SHORT.

I feel like I'm in a
good place. Not
mentally. I'm just
at the donut shop



Annual General Meeting

This important event will be held on May 1, 2026.

Elections for the Board of Directors will be held.

Our audited financial statement will be presented.

Other important matters will be brought forward.

NOTES FROM SYME 55+ BOARD OF DIRECTORS

The Syme 55+ Board of Directors have been very busy working on your behalf. They continue to work with Michael Davisburchat preparing the Strategic Plan. The Plan was presented to the City of Toronto. The city requested various changes in order for us to receive our grant. This has been done and accepted by the city.

Watch for details as you may want to become involved in a committee.

Due to having only 2 staff members, volunteers are now serving in the office on a limited basis.

The new furnishings around the General Purpose room are meant to invite relaxed socializing, reading, or other casual activities.

Please do not rearrange the furniture.

We are now offering a limited number of Saturday classes. Please check the winter schedule for details.

Don't forget to purchase your 2026 membership. No increase in membership fees for 2026.

Submitted by—Lynda Cummings, Board Director





WELCOME TO 2026

On behalf of the staff, volunteers and board of directors, thank-you for all your support. The Centre continues to grow with new members, new programs and expanded hours.

We hope that you join us for one of our many programs, lunches and travel opportunities this year.

As always, please stop by the office with any questions or new program suggestions.

**THANK
YOU!**

Kelly and Cleriese



Christmas Party 2025

On December 12th, we celebrated with 140 of our closest friends. Thanks to all who attended. Big thanks to all the volunteers! We could not have done it without you





**People born in the 40's
have lived in eight
decades, two centuries,
and two millenniums. We
had the best music,
fastest cars, drive-in
theaters, soda fountains,
and happy days. And we
are not even that old yet.
We're just that cool.**

See you later, **ALLIGATOR!**
After a while, **CROCODILE!**
Gotta go, **BUFFALO!**
See you soon, **RACCOON!**
Be sweet, **PARAKEET!**
Take care, **POLAR BEAR!**
In a shake, **GARTER SNAKE!**
Hit the road, **HAPPY TOAD!**
Can't stay, **BLUE JAY!**
Bye-bye, **BUTTERFLY!**
Give me a hug, **LADYBUG!**
Toodle-loo, **KANGAROO!**
Time to scoot, **LITTLE NEWT!**
Till then, **PENGUIN!**
Adios! **HIPPOS!**
Hasta Mañana, **IGUANA!**
Give me a kiss, **GOLDFISH!**
Get in line, **PORCUPINE!**
Out The door, **DINOSAUR!**
On the bus, **OCTOPUS!**
To your house, **QUIET MOUSE!**

Our day now ends. So good bye my Dear Friends

**YORK SOUTH—WESTON COUNCILLOR
FRANCES NUNZIATA**

I hope that you are staying safe and healthy during these trying times.

Please remember that I am here for you if you need anything!



✉ councillor_nunziata@toronto.ca

🐦 @FrancesNunziata 📘 @Frances.Nunziata.Ward5

COMMUNITY OFFICE
2221 Keele St, Unit 102
416-338-0220

CITY HALL OFFICE
100 Queen St W, Suite C49
416-392-4091

Sign up for eNews and COVID-19 updates at
www.councillornunziata.com

CORRECTION

The cover photo of the fall 2025 issue was attributed incorrectly. The photo was taken by Lindsay Reynolds. The Newsletter Committee sincerely regrets the mistake.



TRAVELLING ABROAD ANYTIME, ANYWHERE

Register with the Canadian Government.

I have registered with this service ever since there was a bombing at a Jimbaran Beach resort in Bali in 2005. We were supposed to stay there but changed our plans a few days prior to the event and stayed on another part of the island. Since that time, I register even when visiting friends in Wales. In light of the behaviour of our neighbours to the south, I would also register if I was travelling to the U.S.A.

This is the link at which a person can register with the Canadian Government before setting out on a vacation to a foreign country.

There is no cost for so doing, it takes only a few minutes to complete the registration, and it is one of the most important preparations you can make with respect to your long-awaited vacation.

In the unlikely event that a natural disaster or some form of civil unrest or political upheaval occurs that could affect your safety and well being, the Canadian Government will know where you are and be able to come to your aid.

Whether you are a tourist at a popular holiday destination or someone visiting relatives abroad you would be foolish to not take advantage of this free service. If you don't do it for yourself, do it for your loved ones.

<https://travel.gc.ca/travelling/registration>

-Gail Barber



My teacher said "Don't worry about spelling. In the future there will always be autocorrect." For that I'm eternally grapefruit!



WELCOME

Please say "Hello" to our NEW MEMBERS.

We are so glad you have decided to join us at Syme55+ Centre.

We look forward to seeing you in a class or at a lunch or on a one-day outing or a multi-day excursion. Join a committee if that is something in which you are interested.

Peter Kirwin

Jean Trivett

Diane Gagne

Charlotte Whitbread

Diane Francis

Colleen Goulet

Elizabeth Petko

Paul Mutter

Carolynn Bloomer

Debbie Hurd

Brenda Parris

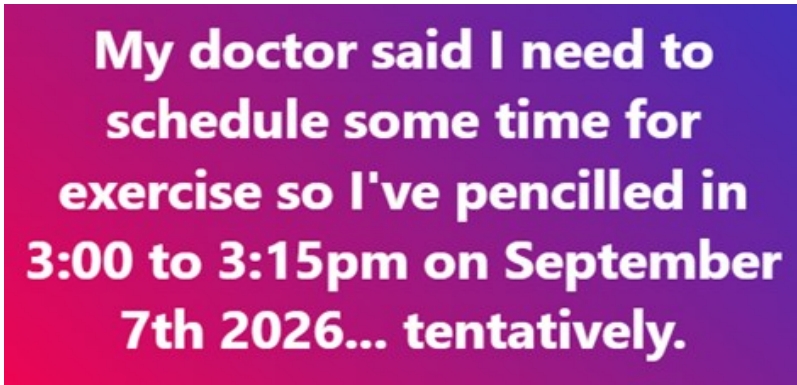
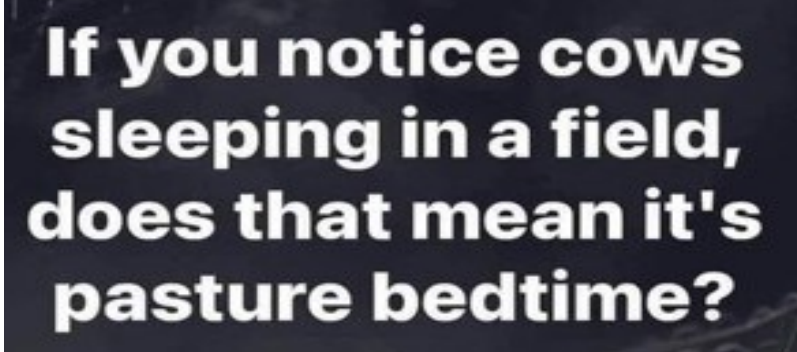
Cathy Mulvihill

Leslie Wilkinson

Susan Mathews

Marnie Burke

Vittoria Addesi





MEET US AT THE GARDINER MUSEUM

TUESDAY JANUARY 13TH
AT 11:00AM
111 QUEEN'S PARK

THE GARDINER MUSEUM IS AN INTERNATIONALLY
RENOWNED ART GALLERY SHOWCASING A LARGE
COLLECTION OF CERAMICS, INCLUDING ARTIFACTS AND
CONTEMPORARY PIECES

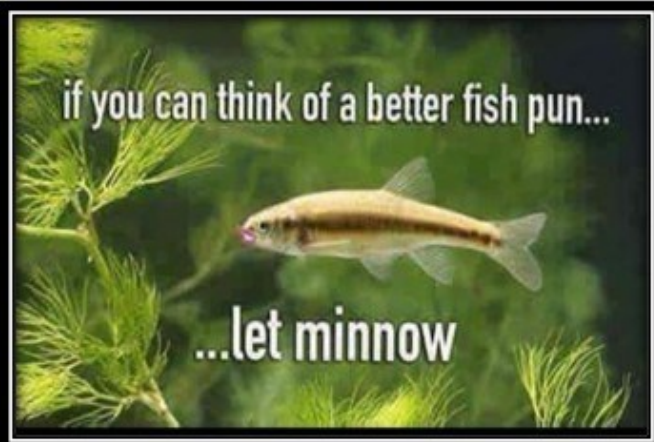


**PLEASE REGISTER IN THE OFFICE
NO LATER THAN JANUARY 9TH**

COST \$14.00 (PAY AT THE DOOR)



**TWO SILK WORMS
WERE IN A RACE
IT ENDED
IN A TIE**



**"If the TRUTH makes you
uncomfortable,
don't blame the truth...
blame the lie,
that made you comfortable"**

**DO NOT
PARK HERE.**

**THE WRATH OF THE ANCIENTS WILL FALL UPON
YOUR HEAD. YOUR SHOELACES WILL NOT STAY TIED.
RABID SQUIRRELS WILL INVADE YOUR HOME.
FOOD IN YOUR REFRIGERATOR WILL MYSTERIOUSLY
SPOIL. YOUR VEHICLE WILL START MAKING
THAT EXPENSIVE KNOCKING SOUND AGAIN AND
NO-ONE WILL TALK TO YOU AT PARTIES.**



2025 PASSENGER SHIP VS THE TITANIC

- A dog accepts you as the boss... a cat wants to see your resume.

**New Zealand is home to just over
4 million people and 70 million sheep.**



LOUISE PENNY EASTERN TOWNSHIP TOUR SEPTEMBER 28 TO OCTOBER 1, 2025

"L'automne est un pont de couleurs entre la chaleur qui s'en va, e le froid qui arrive."

The quote was written on a blackboard in a chocolate/ bookstore/ and café we visited, and described perfectly the time of our travel to Quebec. Those autumn days were indeed the bridge of colours between the warmth that would soon leave and the cold that is arriving.

If you love Louise Penny mystery novels, or la belle province, then you would have enjoyed the 4 day getaway to the eastern townships in Quebec. The late September weather was glorious, the colours rapidly changing as the tour progressed and the company was great.

About 8 of us from Syme joined HNA's bus tour and we were picked up at the Jane Plaza at 7:30 am, Sunday morning. In all we were 36 Louise Penny/Quebec fans. As we made our way through Toronto, we stopped for coffee and stretching our legs after 2 hours or so.



At noon, we stopped for lunch which we had in a park. The picnic lunch was provided by the tour owner, Margaret. A beautiful spread of several salads (all home made) and cold cuts and soft drinks was set up, buffet style. We had real cutlery and ate on picnic benches covered by a variety of vintage or vinyl tablecloths. It was certainly memorable.

We arrived at the Chateau Bromont, our hotel for three nights at about 5 pm. A welcome dinner for all was ready for us at 7:30 pm, and we selected from a menu of lamb shank, beef braised in wine, or grilled salmon. Everything was delicious and more importantly, we got to practice a few words in French with the perfectly bilingual and courteous staff.

The Chateau Bromont is a resort hotel, nestled among ski trails and a golf course and offers a pool, hot tub and gym. The views were beautiful, and you could sit on terraces and soak in the sunsets and views. The hotel was a highlight for many of us.

Our stops in the 3 day tour included a visit to the book store in Knowlton (which inspires Three Pines, the fictional town of the mystery novels); a general store with a great old stove; a cluster of museums which conveyed the cultural, agricultural and social history of the eastern townships; afternoon tea at the Uplands Heritage Centre which is a museum devoted to the preservation of British history and a pleasant visit to the chocolate café and bookstore. Many of these sites figure in Penny's books.

Other highlights included a visit to La Station cheese producers where we learned about cheese making and cheese tasting. A visit to a local vineyard was also fun and wine tasting was enjoyed by many.

(Continued on next page)



LOUISE PENNY EASTERN TOWNSHIP TOUR (CONTINUED FROM PREVIOUS PAGE)

The final day was spent at the St. Benoit du Lac Benedictine Abbey where we learned about the history and life of the past and present monks who devote their life in the cloistered abbey. To-day they continue the tradition of making cheeses, including the first blue cheese produced in Canada, cider, jams and chocolate covered blue berries. We were able to sit and listen to some prayers and singing by the monks for a few minutes during their morning devotional time. Our young docent was superb, and he informed us that overnight retreats are available throughout the year. The gift shop was amazing with all kinds of food products produced from their land, as well as spiritual and religious books and goods.

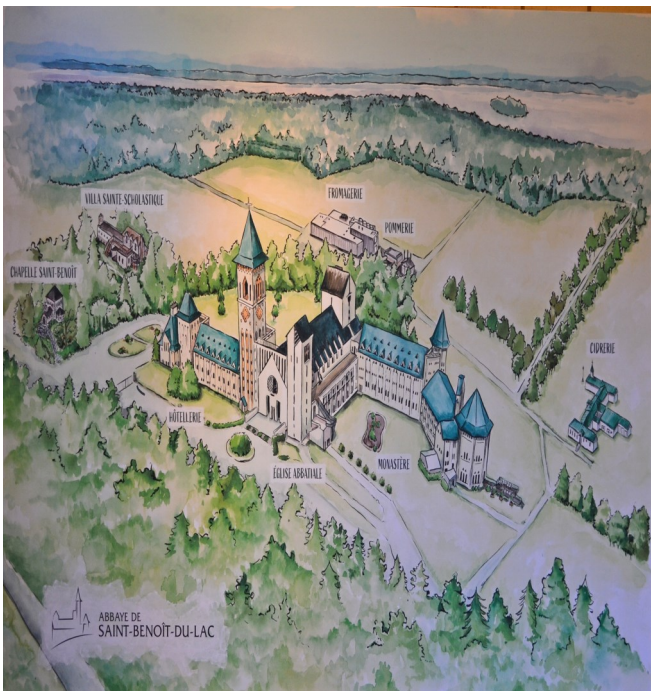
We left for Brossard, where we had chicken at St. Huberts before we made our journey back to Toronto. A lot was organized for a four-day outing but the ever-changing beautiful autumnal weather kept us in positive spirits. The drives between stops in the eastern townships were sometimes long. Some guided commentary about what we were observing along the way, would have been most welcome to those interested about the region's rich history, agriculture and settlement history.

Submitted By - Lucia Furgieule

Photos by Susan & Bob Roden



A Syme of the Tymes





The Grand River Dinner Cruise

Graciously Hosted by the "Albin Family"
And entertained by the "Blazing Fiddles"

What a great experience and "Grand " day was had.
Right from the smooth bus ride there. This is my first time travelling on an "Elder" outing and enjoyed the whole day to the fullest.
Upon arrival and greeting we had refreshments and entertainment. Love the Blazing Fiddles. Of course there's a wander through the Gift Shop.

Then...off we sail on the "Grand River Belle"

Greeted by the Captain and charming crew, served an excellent meal and drinks while cruising. Did you know:? The Grand River flows 300 km. through southern Ontario from Dundalk to Port Maitland on Lake Erie? Although we only cruised between Caledonia and the village of Onondaga with the "Six Nations of the Grand" located along the south side of the river.

A charming experience that could easily be repeated, Ontario fall colours a WOW factor. To finish off—a lovely browse at The Windmill Market.

Thank you Syme55+ and organizers.
See you next time!

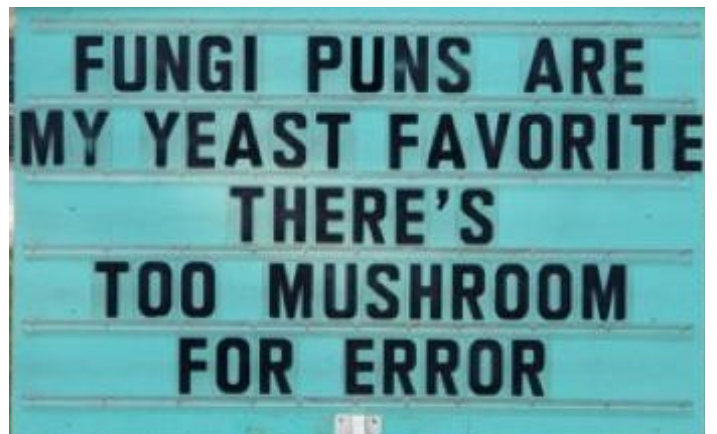
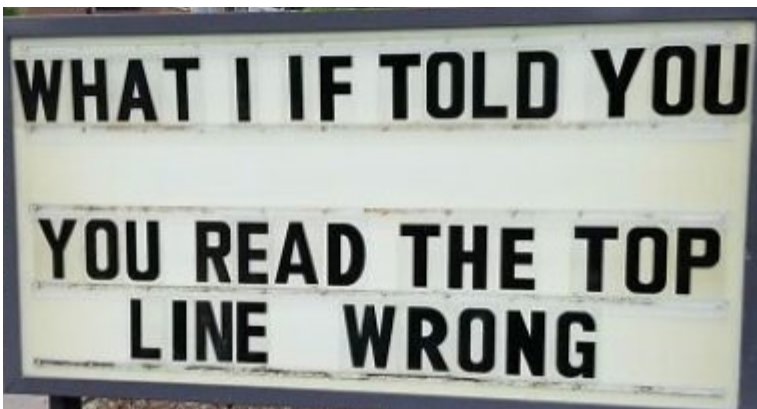
-Lynda McGregor

Two elderly ladies had been friends for many decades. Over the years, they had shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards.

One day, they were playing cards when one looked at the other and said, "Now don't get mad at me... I know we've been friends for a long time, but I just can't think of your name. I've thought and thought, but I can't remember it. Please tell me what your name is."

Her friend glared at her. For at least three minutes she just stared and glared at her.

Finally she said, "How soon do you need to know?"





Dine With Syme

(A monthly early evening dining option where members can socialize.)
Please sign up in the office to reserve your spot at the table.



The Olive

When: Tues. Jan. 20, 2026

Time: Meet at 4:30 PM

Where: 100 The East Mall, Etob.

(SW corner of The East Mall and North Queen.)

Features: washrooms on main floor, lots of free parking.

www.oliverestaurant.ca



Wallys Grill

When: Tuesday Feb. 17, 2026

Time: Meet at 4:30 PM

Where: 123 Rexdale Blvd. Etobicoke

(south off of Rexdale Blvd., east side of Kipling Ave)

Features: lots of free parking, washrooms on main floor, extensive menu.

www.wallysgrill.ca



Swiss Chalet

When: Tues. March 17, 2026

Time: Meet at 4:30

Where: 590 Keele St., Toronto

(west side of Keele, south of St. Clair Ave W.)

Features: washrooms on the main floor, free parking behind the building.)

www.swisschalet.com



WORD FUN

When I was in Florida I started doing some word games. I discovered that sometimes I didn't even get the average mark. I thought these were fun and challenging and I thought it might be fun for you as well. The list of words is elsewhere in the newsletter.

Directions:

1. Words must be of four or more letters.
2. Words that acquire 4 letters by the addition of "s," such as "bats" or "dies." are not allowed.
3. Only one form of a verb can be used. Additional words made by adding a "d" or an "s" may not be used. For example, if "bake" is used, "baked" or "bakes" are not allowed but, "bake" and "baking" are admissible.
4. Proper nouns, slang words or vulgar or sexually explicit words are not allowed.

The word is MINDLESS: meaning—Marked by no use of the powers of the intellect.

The average mark is 30 words in 45 minutes. Can you find 42 or more words in mindless?

(The results can be found elsewhere in this newsletter)



Procrastination is totally a good thing. You always have something to do tomorrow, plus you have nothing to do today.

"As you get older three things happen. The first is your memory goes, and I can't remember the other two." - Sir Norman Wisdom

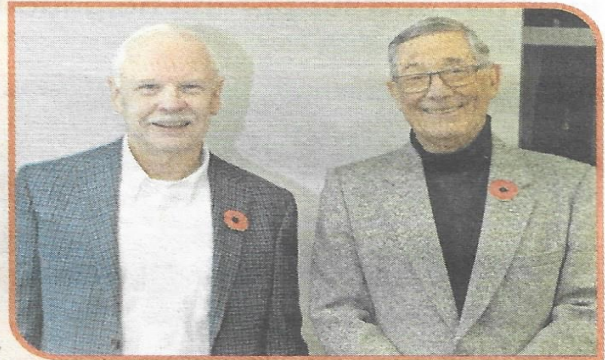


SWANSEA HISTORICAL SOCIETY PAYS TRIBUTE TO BOB RODEN

The Swansea Historical Society paid tribute to Bob Roden for his dedication and service as President for the past 13 plus years. Members gathered to honour his contributions, share stories, and recognize the lasting impact of his work in preserving the community's history. It was a heartfelt celebration of a truly committed volunteer.



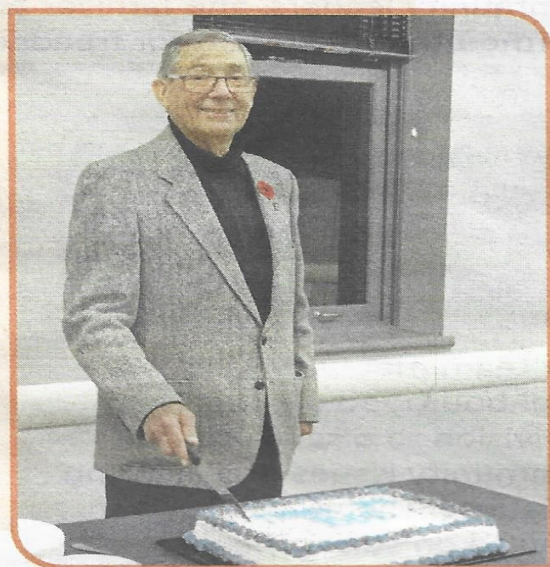
Sue & Bob ready to cut the cake



New President Ken with Bob



Bob with guest speaker Sheila White



What an awesome night!



Many Faces of Syme



GOODBYE

WELCOME



2025



2026



Many Faces of Syme





MEET YOU AT



THE MUSEUM OF

ILLUSIONS



*Syme***55+**
CENTRE

*LIKE NO PLACE YOU'VE BEEN BEFORE.
GUESTS WILL ENJOY MORE THAN 70 VISUAL AND
EDUCATIONAL EXHIBITS FEATURING HOLOGRAMS,
STEREOGRAMS, OPTICAL ILLUSIONS, AND IMMERSIVE
ROOMS THAT ARE DESIGNED TO TEASE THE SENSES AND
TRICK THE MIND.*

WHEN: COMING FEBRUARY 2026
WHERE: 132 FRONT STREET EAST
TIME: TBD
COST: TBD
PLEASE REGISTER IN THE OFFICE

SOME EXHIBITS USE VISUAL ILLUSIONS THAT CAN CAUSE DIZZINESS OR DISORIENTATION. ILLUSIONS CAN BE SKIPPED. EVERY ILLUSION HAS A DESCRIPTION.



THE MUSEUM IS WHEELCHAIR ACCESSIBLE; HOWEVER, A FEW ILLUSION ROOMS MAY FEEL MORE CHALLENGING FOR GUESTS USING MOBILITY AIDS DUE TO SLANTED FLOORS OR VISUAL EFFECTS. THE MUSEUM DOES NOT PROVIDE WHEELCHAIRS.



Your call is important to us...
please continue to hold



**It's never too late to
start exercising.**

**That's why I'm
waiting until later.**

Once I went to a party with my husband, full of people he knew (from work) but I didn't. A guy came up to us, turned to me and said "You must be his wife." I turned to my husband and said "You have a WIFE?" Should've seen the guy's face! 😂



**When you're at
the checkout line
and they ask you if
you found
everything,
say, "Why, are you
hiding stuff?"**

THE FOUR STAGES OF LIFE:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus..
- 4) You look like Santa Claus.

(shehzad_ahmad)

A WISE MAN ONCE SAID:

- Hate has 4 letters but so does Love.
 - Enemies has 7 letters but so does Friends.
 - Lying has 5 letters but so does Truth.
 - Cry has 3 letters but so does Joy.
 - Negativity has 10 letters but so does Positivity.
- LIFE IS 2 SIDED, SO CHOOSE THE BETTER SIDE OF IT

*"Wisdom doesn't necessarily
come with age. Sometimes, age
just shows up all by itself." -
Tom Wilson*



DONATIONS

Did You Know that we rely on your donations to off-set operating costs?
We ask you to support the Centre with as generous a donation as possible.

We sincerely thank you! Working together, we can make a difference!

Donation Form

Charitable Registration #12437 7292 RR0001

Name: _____

Address: _____

Postal Code: _____ Phone: _____

Yes, I would like to support Syme 55+ Centre with a charitable donation.

- | | | | |
|--------------------------|--------------------|------------------------|-------|
| <input type="checkbox"/> | Contributor | under \$25.00 | _____ |
| <input type="checkbox"/> | Friend | \$25-\$49 | _____ |
| <input type="checkbox"/> | Supporter | \$50-\$99 | _____ |
| <input type="checkbox"/> | Associate | \$100-\$299 | _____ |
| <input type="checkbox"/> | Companion | \$300-\$999 | _____ |
| <input type="checkbox"/> | Angel | \$1000 and over | _____ |
| <input type="checkbox"/> | Other | | _____ |

Please make cheques payable to:

The George S. Syme Senior Centre of York

A receipt for income tax purpose will be mailed to you.

Bereavement Receptions

In order to assist families and friends of our late members, arrangements may be made to hold a reception at the Syme55+ Centre, following the funeral or memorial service. The staff along with volunteers will prepare and serve light refreshments for a nominal charge. Please speak to one of the staff to make arrangements.

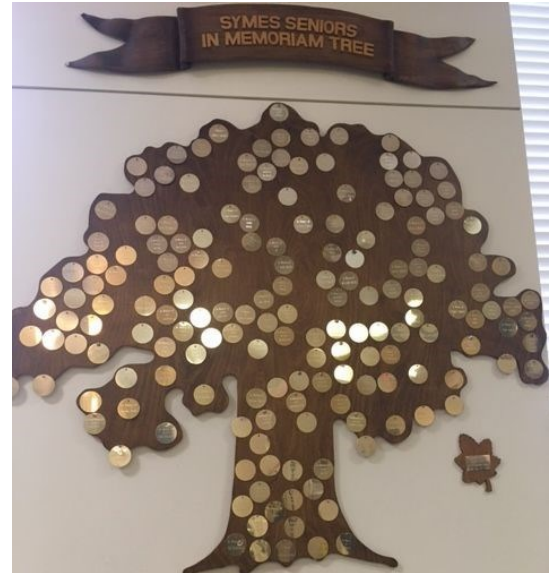


In Memoriam Tree

The **In Memoriam Tree**, located on the west wall of the General Purpose Room was developed as a tangible way to recognize Memoriam donations from our membership. The tree was crafted by George Baker and Fred Patterson, two members of the original woodcarving class.

It was mounted in the gym upstairs but moved to the wall by the back door when the gym was being painted. Norma Falconer, a volunteer at the time, pointed out that the wood would be damaged by the heat from the heater that was under it. So the In Memoriam Tree was moved to its present location where it can be seen by all.

A small plaque inscribed "In Memory Of" is placed on the tree to honour the memory of a loved one. There are 196 discs on the tree.



We gratefully acknowledge the Memorial donations received from the families and friends of our late members who, at a very difficult time in their lives, have remembered the Syme55+ Centre. Memorial donations are used to enhance and develop the services and programs offered at the Syme55+ Centre. Anyone wishing to make a donation "In Memoriam" should fill out a Memoriam card, located at the Reception Desk in the office, or speak to a staff member for more information. A charitable receipt is issued to the donor, and a letter of acknowledgment is sent to the bereaved family.

Bequests

A bequest is a gift whether large or small made through a Will to provide future financial support to the Syme55+ Centre.

Bequests may include cash, marketable securities, closely held stock, real estate, or tangible personal property.



**For those struggling with
English:
Don't - do not.
Won't - wo not.**

**PRIVATE
SIGN**

**DO NOT
READ**

**Books that were never
written:**

**"Running to the
Outhouse" by Willy
Makit. Illustrated by
Betty Wont.**

I'M SO OLD THAT

**I HAVE DIALED A ROTARY PHONE (THAT
DIDN'T HAVE AN ANSWERING MACHINE),
RECORDED A SONG THAT I LOVE OFF A
TRANSISTOR RADIO ONTO A TAPE RECORDER,
WATCHED A BLACK AND WHITE TV (WITH LESS
THAN 10 CHANNELS) THAT HAD FOIL ON THE
RABBIT EAR ANTENNAS, TAKEN A LONG WALK
WITHOUT COUNTING THE STEPS, AND EATEN
FOOD THAT I DIDN'T TAKE PICTURES OF.**

**Where do bad
rainbows go? To
prism. It's a light
sentence, but it
gives them time to
reflect.**

From CBC on December 11, 2025 -

Switzerland's alpine yodelling tradition has been added to UNESCO's list of intangible cultural heritage, joining new entries including Italian cuisine, Iceland's swimming pool culture and the Hindu Diwali festival.



LONDON & PARIS

Join Year Round Travel on this “Tale of two Cities” tour. London England, the home of “Big Ben” and Paris France, the “City of Light”. London is a city that effortlessly blends history, culture, and modernity, making it a must-visit destination for travelers. Whether you're a history buff, a foodie, or an adventure seeker, London has something for everyone! Paris is a tourist's dream destination and is a must-visit destination for travelers seeking history, culture, and world-class cuisine. Whether you're strolling along the Seine, admiring iconic landmarks, or indulging in French delicacies, Paris offers an unforgettable experience!



Tour Includes:

- * Home pickup/drop off (Metro Toronto)
- * Return airfare Toronto London / Paris Toronto
- * Transfers to/from airport(s) to hotels
- * 5 nights in London
- * Full English breakfast daily in London
- * London Oyster Card 25GBP (transportation on underground and busses)
- * 3 hour city tour of London with Blue Badge Guide
- * Transportation to/from London Eye and Tower of London
- * Ticket to ride on the London Eye
- * Admission to Tower of London
- * River Cruise between London Eye and Tower of London
- * Private Full Day tour of Stonehenge and Bath
- * Theatre ticket for The Devil Wears Prada (orchestra seating)
- * Theatre ticket for Oliver (orchestra seating)
- * 3 course dinner at pre-theatre restaurant
- * Transfer from London hotel to St Pancras train station
- * Train ticket on the Eurostar to Paris (standard class)
- * Transfer from train station to hotel in Paris
- * 4 nights in Paris
- * 4 breakfasts in Paris
- * 3 hour panoramic city tour of Paris
- * Admission to the Louve Museum
- * Visit to Notre Dame Cathedral
- * 1 day Hop on hop off Sightseeing tour including cruise

- * Transportation to/from the Eiffel Tower
- * Admission to the Eiffel Tower
- * All Hotel and service charges – (excludes local city taxes)
- * London/Paris Maps and information package
- * Tour Escort

May 27 to June 6, 2026

Price per person in Canadian Dollars

TWIN \$6999.00 SINGLE \$8999.00

\$750.00 deposit due upon booking. Balance due 60 days prior to departure.

To Book Contact Year Round Travel at 416-499-1444

Optional Cancellation & Medical Insurance Available - Call For Rates!

PRESENTATION TUESDAY, FEBRUARY 10 AT 1:00 P.M. LIGHT REFRESHMENTS SERVED



TOUR DESIGNED BY YEAR ROUND TRAVEL INC.

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NOBEL PRIZES - from Wikipedia

Nominations

Nomination forms are sent by the Nobel Committee to about 3,000 individuals, usually in September the year before the prizes are awarded. These individuals are generally prominent academics working in a relevant area. Regarding the Peace Prize, inquiries are also sent to governments, former Peace Prize laureates, and current or former members of the Norwegian Nobel Committee. The deadline for the return of the nomination forms is 31 January of the year of the award. The Nobel Committee nominates about 300 potential laureates from these forms and additional names. The nominees are not publicly named, nor are they told that they are being considered for the prize. All nomination records for a prize are sealed for 50 years from the awarding of the prize.

Selection

The Nobel Committee then prepares a report reflecting the advice of experts in the relevant fields. This, along with the list of preliminary candidates, is submitted to the prize-awarding institutions. There are four awarding institutions for the six prizes awarded:

Royal Swedish Academy of Sciences - Chemistry; Physics; Economics

Nobel Assembly at the Karolinska Institute - Physiology / Medicine

Swedish Academy - Literature

Norwegian Nobel Committee - Peace

The institutions meet to choose the laureate or laureates in each field by a majority vote. Their decision, which cannot be appealed, is announced immediately after the vote. A maximum of three laureates and two different works may be selected per award. Except for the Peace Prize, which can be awarded to institutions, the awards can only be given to individuals. The winners are announced by the awarding institutions during the first two weeks of October.

Diplomas

Nobel laureates receive a diploma directly from the hands of the King of Sweden, or in the case of the peace prize, the chairman of the Norwegian Nobel Committee. Each diploma is uniquely designed by the prize-awarding institutions for the laureates that receive them. The diploma contains a picture and text in Swedish which states the name of the laureate and normally a citation of why they received the prize. None of the Nobel Peace Prize laureates has ever had a citation on their diplomas.

(continued on next page)



Nobel Prizes (continued)

Award money

The laureates are given a sum of money when they receive their prizes, in the form of a document confirming the amount awarded. The amount of prize money depends upon how much money the Nobel Foundation can award each year. The purse has increased since the 1980s, when the prize money was 880,000 SEK per prize (c. 2.6 million SEK altogether, US\$350,000 today). In 2009, the monetary award was 10 million SEK (US\$1.4 million). In June 2012, it was lowered to 8 million SEK. If two laureates share the prize in a category, the award grant is divided equally between the recipients. If there are three, the awarding committee has the option of dividing the grant equally, or awarding one-half to one recipient and one-quarter to each of the others. It is common for recipients to donate prize money to benefit scientific, cultural, or humanitarian causes. As of 2023, the monetary award per prize category is 11 million Swedish kronor (SEK), equivalent to approximately US\$1.035 million.

Skipped the gym today and put on a fitted sheet instead





SYME AND FRIENDS TRAVEL ON THE HOLIDAY SHOW TOUR

Late November (the 26 to the 28) saw the group take part in a three bus and one hundred and fifty plus people (yes, 150 +) tour to Niagara Falls and Niagara-on-the-Lake.

Of course, one of the main highlights of the tour were the three main shows that we saw: Sarah Brightman's Christmas Symphony Show at the OLG theatre; Greg Frewin's The Power of Illusion Magic Show at his Vegas style theatre in Niagara Falls; and Irving Berlin's classic White Christmas performance at the Festival Theatre in Niagara-on-the-Lake. I'm sure that no one could say one performance was better than the other as each had something that captured the hearts and imagination of the audience.

Another highlight was the food we enjoyed and restaurants that we visited. The Skylon is a landmark in the area known for its food and views of the Falls. Betty's restaurant was able to accommodate all buses with a wonderful lunch selection and sky-high meringue on its' lemon pie. The Holiday Inn provided great breakfasts and dinner at CoCo's Steakhouse.

And last but not least was the 70\$ provided to all tour members for complimentary gambling at the Niagara Casino and the tours and sites that were offered as part of our visit. Shopping in St. Catharines if one wished to go, a tour of the Bird Kingdom, a twirl on the Sky Wheel (ask Donna for her feedback) and the bus tour of the Winter Festival with the spectacular lights along the gorge and parks.

This is a bus tour that I would recommend as it had a bit of something for everyone and was the beginning of the holiday season.



Kudos to our guide Melody, Year Round Travel and all of the Syme participants.

Leslie

A friend of Syme.

PUNS TO ENJOY

What did the surgeon say to the patient who insisted on closing up their own incision? Suture self.

I've started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness.



Newsworthy

Trey Yesavage's salary for the 2025 season is \$760,000, as per his contract with the Toronto Blue Jays. However, due to his debut in mid-September, his earnings for the 2025 season were only \$57,204.

Each Toronto Blue Jays player will earn roughly \$300,000-\$330,000 from postseason shares after their 2025 World Series loss to the Dodgers. This payout comes from MLB's postseason revenue pool, which is distributed to players based on ticket sales and series outcomes.

The most popular baby names of 2024 are:

- Girls:

1. Olivia 2. Emma 3. Amelia 4. Charlotte 5. Mia

- Boys:

Liam 2. Noah 3. Oliver 4. Theodore 5. James

From the Toronto Star on November 1, 2025.

The TTC reports their streetcars are on time 61% of the time, with buses at 74% and the subway at 91%. Compare that to Air Canada 71% and Via Rail 30% (in the first quarter).

Excerpt from the Toronto Star of October 19, 2025

Electric scooters, where the rider stands on what looks like a skateboard and holds a handlebar-are illegal everywhere in Toronto except on private property. Same goes for electric skateboards and unicycles

Annual General Meeting

This important event will be held on
May 1, 2026.



Elections for the Board of Directors will be held.
Our audited financial statements will be presented.
Other important matters will be brought forward.



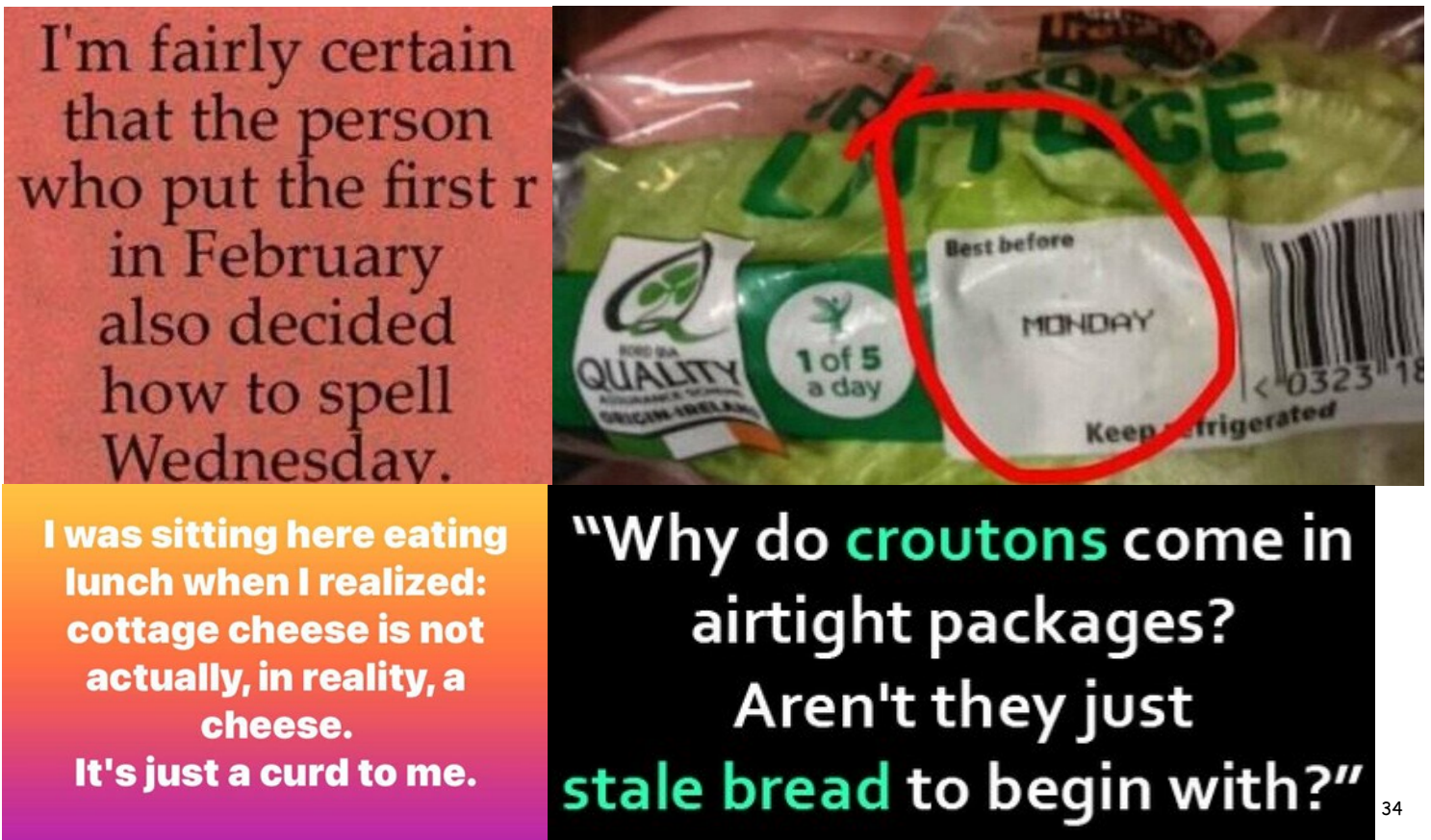
Travel & Outings: a snap shot

Your committee has worked hard this year to provide a variety of experiences including dining, meetups, daily excursions and multi day adventures. Our dine with Syme monthly outing continues to explore new and revisited restaurants. 'Meet you there' events have included the Etobicoke Philharmonic, afternoon tea at Windsor Arms, Little Canada, and a spa day, Our day trips have included a Grand River cruise and St Jacobs Market, multi day trips have included the Eastern Townships, Niagara Falls and 2 cruises; one to Hawaii and one to Alaska. For some of our trips we used 2 providers; Year Round Travel and HNA Tours. Syme receives an honorarium in acknowledgment of our promotional efforts. We planned 2 theatre trips but both were undersubscribed so were cancelled.

For a day trip outside Toronto (not organized by a travel company), we hire a highway coach which costs between \$2000 and \$2500 depending on the distance to the event. These coaches seat 50. We then calculate the transportation cost per person based on those fixed figures. To this we add \$10-\$15 for gratuities and charges for costs associated with the trip. The ticket price is then added. Once the trip is advertised the price cannot be changed. Although we lost some money on St. Jacobs it was less than our deposit which could have been forfeited.

All profits go towards the operation of Syme55+ Centre.

Submitted by - Travel & Outings Committee





Learn to Identify the Bar Code on Your Produce Easily
Edited By: Krista M.

You've likely seen stickers stuck on most fruits and vegetables. These stickers usually have a bar code on them for scanning and a PLU code, which helps the cashier identify the type of product you are buying. But there's more to these stickers than you think. While the PLU is the 'price lookup' number that identifies the fruit or vegetable, it also helps to identify another thing - how the produce was grown. In reading this code correctly, you will be able to tell if the fruit was genetically modified, organically grown or produced with chemical fertilizers, fungicides, or herbicides. All you need to do is learn to identify and analyze the labels and the PLU numbers. It's a lot easier than you'd imagine.

Here's what you need to know about the PLU codes:

1. If the PLU contains only four numbers, this indicates that the produce was grown conventionally, or traditionally, with the use of pesticides. For instance, all bananas are generally marked 4011.
2. If the PLU code contains five numbers and starts with '8', this will indicate that the item is a genetically modified fruit or vegetable, meaning that they have been tampered with in an unnatural way. So in the case of a genetically modified banana, it would be marked, 84011.
3. If there are five numbers in the PLU code, and the number starts with '9', this indicates that the product was grown organically and was not genetically modified. So, an organic banana would be marked: 94011.

What's more? While the adhesive used to attach the stickers is considered to be food-grade, the stickers themselves are not safe to consume.

Excerpt from <https://www.ba-bamail.com/tips-life-hacks-and-diy/learn-to-identify-the-bar-code-on-your-produce-easily/>



*ANNUAL
GENERAL MEETING*

This important event will be on May 1, 2026.

Elections for the Board of Directors will be held.
Our audited financial statement will be presented.
Other important matters will be brought forward.



The Vacant Home Tax

The Vacant Home Tax (VHT) program requires homeowners in Toronto to let the City know if their property is occupied or vacant every year by making a declaration. The goal of the program is to increase the supply of housing by encouraging owners to make their vacant residential property available for rent or for sale. Owners who choose to keep their properties vacant are subject to a tax, with the revenue being allocated to affordable housing initiatives.

Contact Information

Vacant Home Tax Phone Line

Monday to Friday: 8:30 a.m. to 8:30 p.m.

Saturday 9 a.m. to noon

Telephone: 311

Outside City Limits: 416-392-2489

TTY: Use 711

Email: VHTinquiry@toronto.ca

Six great confusions Still unresolved

1. At a movie theatre, which arm rest is yours?
2. In the word scent, is "S" silent or "C"?
3. If people evolve from monkeys, why are monkeys still around?
4. Why is there a 'D' in fridge, but not in refrigerator?
5. Who knew what time it was when the first clock was made.

I got fired today
because I kept asking
my customers whether
they would prefer
"Smoking" or
"Non-Smoking"

Apparently the correct
words are "Cremation"
or "Burial"

Origin of an Expression:

At local taverns, pubs, and bars, people drank from pint and quart-sized containers. A bar maid's job was to keep an eye on the customers and keep the drinks coming. She had to pay close attention and remember who was drinking in 'pints' and who was drinking in 'quarts,' hence the term minding your 'P's and 'Q's



PHOTO CONTEST
For the cover of our
SPRING issue of
"A Syme of the Tymes"



CRITERIA

Canada, landscape, scenery or environment

Seasonal

Colourful, with limited white, vertical

Not previously published or displayed

Not displaying company names or other forms of
advertising

Must have been taken by a member within the past 5
years.

No more than 4 submissions/member

Must be submitted to flexible@bell.net

no later than

March 1, 2026

Did you hear the joke about the lumberjack, the sheep and the goat?



Meet Us At

**Famous People
Players
Dinner Theatre**

This group features unique, visually fantastic “black light” shows and is renowned for not just the quality of the show, but also for bringing out the creative potential in performers with disabilities.



When: Wednesday March 25th, 2026

Time: 11:30am

Where: 343 Evans Ave (across from Delta Bingo)

Cost: \$70 per person (Chicken or Vegetarian)

Add \$6.00 for salmon

**To Do: Must register in office with meal choice.
Pay in person at the door.**





MINDLESS

(Directions elsewhere in newsletter.)

Meld	Mend	Mess	Mien	Mild	Mildness	Mile	Mind
<u>Mine</u>	Misled	Miss	Ides	Idle	Isle	Ness	Deism
Denim	Dime	Dimness	Dine	Lend	Lenis	Lens	Lied
Lien	Lime	Limn	Line	Semi	Send	Sidele	sine
Sled	Slid	Slide	Slim	Slime	Smile	snide	Less
Deli	Side						

When's a door not a door?

When it's ajar.

What do you call a fish without eyes?

Fsh.

A Syme of the Tymes



Classes	Descriptions
Low Intensity	
Mixed Media Art	Mixed media art class designed to provide a supportive and inclusive environment for seniors to engage in all levels of artistic expression.
Level 1 Line Dancing	Entry level choreographed dance moves to popular upbeat music.
Tai Chi Intro	Slow orchestrated movements connecting body and mind to improve health & energy, and reduce stress.
Chair Yoga	Accessible version of yoga which includes moderate movement and stretching, while sitting on a chair.
Aerobics	Lower intensity rhythmic movements that engage full body activity.
Tai Chi Open Practice	This self taught open practice class incorporates movements to help with mind, body connection.
Restorative Yoga	This class incorporates the concept of mindfulness and breath work allowing you to align your physical and mental state through movements or stillness.
Strengthen & Lengthen	The perfect balance of strength and mobility is what keeps us functional as we age. Standing, with chair support as needed, this no impact class focuses on gently restoring flexibility and range of motion. Safe for all fitness levels.
Falls Prevention Fitness	Focuses on body stability, flexibility, coordination, lower limb strength and balance, through progressive exercises designed to enhance these key areas. This is an open-level class with mixes of seated and or standing options.
Beginners Yoga	Stretch, breathe, strengthen and balance to facilitate an integration of body, mind and spirit.
Medium Intensity	
Pilates	A series of core, back, leg and arm exercises at moderate to advanced intensity.
Advanced Yoga	Higher level yoga which incorporates stretch, breathe, strength and balance to facilitate an integration of body, mind and spirit.
Osteo Keep Fit	A varied workout featuring weight bearing exercises to maintain strong bone health. This class will be done standing but can also accommodate seated exercise.
Co-Ed Fitness	Moderate level seated, standing and walking exercises with weight options to get your body moving.
Level 2 Line Dancing	Second level more advanced choreographed dance moves to popular upbeat music.
Zumba Gold	Easy to follow Zumba choreography that focuses on balance, range of motion and coordination for active older adults, may include a mix or standing or seated movements.
Cardio & Strength	Half gentle cardio fit, half strength training try this immersive class to get your body moving.
Essentrics Fitness	Focuses on healthy aging with gentle workouts for all fitness levels and improves ability to move freely without pain. Strength and stretching movements to music to increase flexibility, improves the range of motion in our joints and prevents injuries.
Mind, Body & Muscle	Join this class that's great for muscle toning and alignment. Also excellent for flexibility and strength. For all fitness levels.
High Intensity	
Cardio Boost	High energy aerobics class. Power walking, aerobic dance and interval training.
Drum Fitness	A high intensity standing workout drumming along to a variety of popular songs past and present. Builds upper body strength while sharpening mental focus and improving coordination. Great stress reliever.
Functional Fitness	Involves improving daily movement through: mobility, core strength, flexibility with the use of bodyweights & bands.
Clubs	Descriptions
Art Club	Join other members who need a space to complete or work on independent pieces of artwork. This club is not instructed.
Timely Topics	Weekly speakers and lively discussion.
Hand Dance	A class great for mind and body coordination, while following instructed hand movements.
Woodcarving	Create works of art with wood and sharp tools.
Brain Boost	From word scrambles to bilateral brain gym, there are so many ways to boost your brain function. Have fun trying a different brain boosting activity every week.
Choir	Singing together has proven physical and mental health benefits, but most of all, it's fun! Strengthen your singing ability and share in group performances.
Games	P.A.Y.P = Pay as you play \$2.50
Euchre	Join us in a relaxed atmosphere where you can have fun and meet others while playing a great game of Euchre.
Mah Jong	A game of skill, strategy, and calculation, is played with a set of 144 tiles.
Bridge	Enjoy a game of Bridge.
Cribbage	The objective is to be the first player to get 121 points. The gameplay is divided into three distinct parts; The Deal, The Play and The Show.
Canasta	Card game where players attempt to make melds of seven cards of the same rank and "go out" by playing all cards in their hands.
Scrabble	Come hang out and play a friendly game of Scrabble.
<u>PLEASE READ BEFORE REGISTERING</u>	
<ol style="list-style-type: none"> 1. Members are welcome to try up to 3 programs before registering. You can not try a program that is at capacity. Please stop by the office for a guest pass before trying a class. 2. Members are allowed to change a class within the first two weeks only. Changes requested after the date will be at the discretion of the Program Manager. 3. Please remember to sign in each time you come to the Centre. If you do not have a blue tag, stop by the office. 4. If a class is cancelled due to instructor illness, a make up class will be offered at the end of the session, time permitting and based on the availability of the instructor. 5. Please remember to bring indoor shoes for fitness programs. No wet boots/shoes in the Gym. No glass or mugs allowed in the Gym. 6. Weather cancellation policy: If the Centre is closed due to weather, a automated phone call and an email will be sent to the full membership. 7. This is a scent free space. Please avoid the use of scented products including perfume etc. 	
ALL GUIDELINES & PROTOCOLS ARE SUBJECT TO CHANGE	



OFFICE COPY

Session Date: Monday, January 5th, 2026 - Saturday, March 28th, 2026

	CLASS	LOCATION	START TIME	END TIME	PRICE	CHECK SELECTION
MONDAY	11 Weeks					
Lisa B.	Mixed Media Art	Church Hall	9:30 AM	11:30 AM	\$ 66.00	
Diane B.	Pilates	Gym	9:30 AM	10:30 AM	\$ 33.00	
Games	Euchre	GP Room	10:00 AM	12:00 PM	P.A.Y.P	
Michael A.	Advanced Yoga	Gym	10:40 AM	11:40 AM	\$ 33.00	
Luba I.	Osteo Keep Fit	Gym	11:50 AM	12:50 PM	\$ 33.00	
Club	Art Club	Church Hall	12:00 PM	1:30 PM	\$ 15.00	
Luba I.	Co-Ed Fitness	Gym	1:00 PM	2:00 PM	\$ 33.00	
TUESDAY	12 Weeks					
Halyna I.	Cardio Boost	Gym	9:00 AM	10:00 AM	\$ 36.00	
Club	Timely Topics	Conference Room	9:30 AM	11:00 AM	\$ 15.00	
Games	Mah Jong	GP Room	10:00 AM	12:00 PM	P.A.Y.P	
Karen F.	Level 1 Line Daneng	Gym	10:15 AM	11:15 AM	\$ 36.00	
Karen F.	Level 2 Line Dancing	Gym	11:30 AM	12:30 PM	\$ 36.00	
Club	Hand Dance	Gym	12:45 PM	1:15 PM	\$ 15.00	
Karen F.	Drum Fitness	Gym	1:30 PM	2:30 PM	\$ 36.00	
WEDNESDAY	12 Weeks					
Club	Woodcarving	GP Room	9:30 AM	11:30 AM	\$ 15.00	
Rebel K.	Functional Fitness	Gym	9:45 AM	10:45 AM	\$ 36.00	
Club	Brain Boost (Starts Feb 18)	Church Hall	10:00 AM	11:00 AM	\$ 15.00	
Rebel K.	Functional Fitness	Gym	10:50 AM	11:50 AM	\$ 36.00	
Julia G.	Zumba Gold (9 Weeks)	Gym	12:00 PM	1:00 PM	\$ 27.00	
Elaine F.	Tai Chi Intro	Church Hall	12:15 PM	1:15 PM	\$ 36.00	
Yushan C.	Pilates	Gym	1:30 PM	2:30 PM	\$ 36.00	
Michael A.	Chair Yoga	Church Hall	1:30 PM	2:30 PM	\$ 36.00	
THURSDAY	12 Weeks					
Club	Choir	Church Hall	9:30 AM	11:00 AM	\$ 15.00	
Halyna I.	Aerobics	Gym	9:30 AM	10:30 AM	\$ 36.00	
Games	Bridge	GP Room	10:00 AM	12:00 PM	P.A.Y.P	
Games	Cribbage	Conference Room	10:00 AM	12:00 PM	P.A.Y.P	
Michael A.	Restorative Yoga	Gym	11:30 AM	12:30 PM	\$ 36.00	
Yushan C.	Cardio & Strength	Gym	12:45 PM	1:45 PM	\$ 36.00	
Xiao Q.	Falls Prevention Fitness (10 Weeks)	Church Hall	12:45 PM	1:45 PM	\$ 30.00	
Games	Canasta	GP Room	1:00 PM	3:00 PM	P.A.Y.P	
Veronica T.	Essentrics Fitness	Gym	2:00 PM	3:00 PM	\$ 36.00	
FRIDAY	12 Weeks					
Michael A.	Beginners Yoga	Gym	9:30 AM	10:30 AM	\$ 36.00	
Games	Scrabble	Conference Room	10:00 AM	12:00 PM	P.A.Y.P	
Rebel K.	Functional Fitness	Gym	11:00 AM	12:00 PM	\$ 36.00	
SATURDAY	12 Weeks					
Karen F.	Strengthen & Lengthen (8 Weeks - Starts Feb 7)	Gym	10:00 AM	11:00 AM	\$ 24.00	
Gina B.	Mind, Body & Muscle	Gym	12:20 PM	1:20 PM	\$ 36.00	
Club	Tai Chi Open Practice	Gym	1:30 PM	2:30 PM	\$ 15.00	

33 Pritchard Ave
 Toronto, Ontario
 Tel: (416) 766-0388
<https://syeme55.com>



Class & Club Total

2026 Membership \$ 35.00

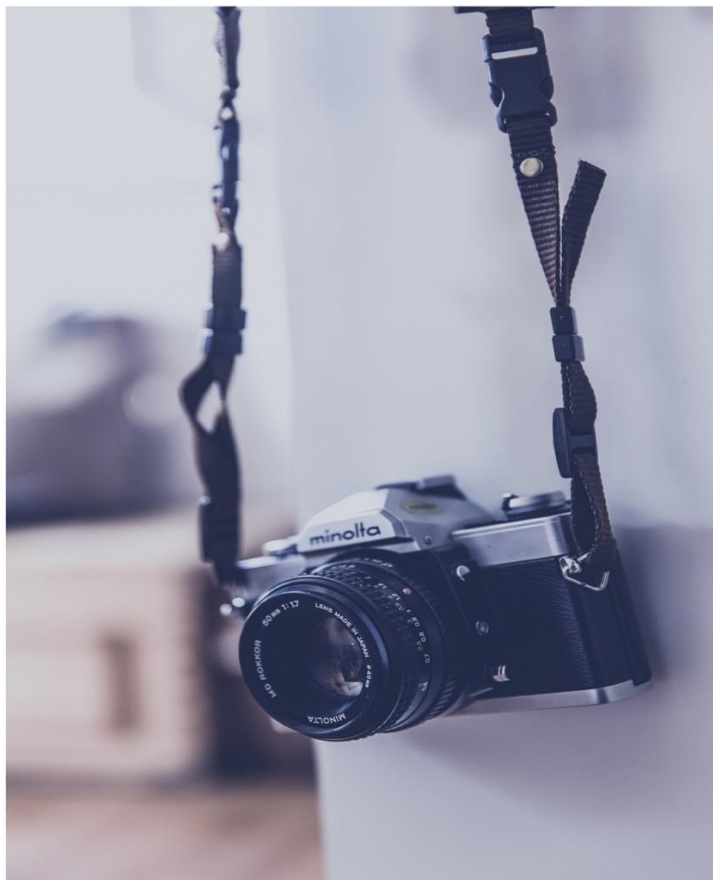
Donation

GRAND TOTAL



Photos Wanted

The newsletter is always looking for photos taken by our members, about our members and for our members. If you would like to see your photos featured in our newsletter please speak to Donna or email them to flexible@bell.net





DORIS DUNNE

April 14, 1926 - December 16, 2025

Our extraordinary 99 year young mother, Doris (Dorie) passed away on Tuesday, December 16 after a short illness. Her husband Russell predeceased her in 2015.

Mom was the daughter of Frank and Emily Joyce. She was born in Toronto and grew up on Durie Street with her two older sisters, Marg and Eleanor. From all accounts it was a busy, happy house consisting of dogs, budgies and neighbourhood kids. Our grandmother was a talented self-taught pianist and was always up to lead group sing-songs.

Mom left school when she was 16. She worked at a war plant and later got jobs in the advertising art departments of Art Associates and J. Walter Thompson.

She married Dad in 1948 in Humbercrest United Church.

Once her girls came along she became a stay at home Mom.

When she reentered the workforce she worked part time at the Catholic Children's Aid.

She absolutely shone in her final jobs working for the Government of Ontario. First working as the constituency secretary for Lorne C. Henderson, the PC member for Lambton County and then for the Ontario Government's Speaker of the House, John Turner.

After Mom retired she joined the Syme Senior Centre where she started up a weekly current events discussion group which she ran for over 20 years. She recently passed on the leadership to her worthy good friend, Jim.

While she was at Syme she also joined an art class where she discovered she was a gifted artist.

She truly was a National Treasure and will be greatly missed by her family and her many, many friends.

She leaves behind her two daughters Maureen (Terry) and Karen (David) as well as the four special men in her life, Cousin Jimmy, Darrell, Charlie and Jim 2.

In keeping with Mom's wishes there will be a celebration of her life on her 100th birthday in April.





Time To TRAVEL

GET READY FOR NEW ADVENTURE



Quebec Fairmont Experience April 23 to May 1, 2026

Highlights

- * Home pick-up/drop off (Metro Toronto)
- * Return transportation via deluxe coach
- * 8 nights accommodation at Fairmont Hotels
- * 4 dinners - Old Quebec City, historic Maison du Bootlegger, & Chateau Montebello
- * 1/2 day tour of Quebec City
- * 1/2 day tour of Charlevoix Region
- * Basilica of Sainte-Anne-de-Beaupre
- * Admission to Parc Omega
- * Area tour of Montebello
- * Tour escort

Price: From \$2669.00 per person



Ottawa Tulip Time May 13 to 15, 2026

Highlights

- * Home pick-up/drop off (Metro Toronto)
- * Return transportation via deluxe coach
- * 2 nights accommodation at the Lord Elgin Hotel
- * 2 full breakfasts
- * 1 dinner
- * Guided tour of Ottawa including the Tulips & Parliament Buildings
- * Luncheon cruise
- * Admission to the Royal Canadian Mint
- * Visit to Byward Market
- * All taxes
- * Tour director

Price: From \$989.00 per person



Rocky Mountaineer September 30 to October 6, 2026

Highlights

- * Home pick-up/drop off (Metro Toronto)
- * Return Toronto - Vancouver / Calgary - Toronto
- * Return transfers
- * 6 nights hotel accommodation
- * 2 day Rocky Mountaineer Train Trip Gold Leaf Service
- * All drinks aboard train
- * 6 breakfasts, 3 lunches
- * All sightseeing & admissions as per day -to-day itinerary
- * Gratuities for train host
- * All hotel & departure taxes
- * Baggage handling
- * Tour escort

Price: From \$8199.00 per person

To Book Contact Year Round Travel at 416-499-1444

TOUR DESIGNED BY YEAR ROUND TRAVEL INC.



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North York ON
M2J 4V6

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